

Storytime Activity Guide

Wash Day

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The tugs! The scrubs! The pinching and pulling! Jelaya can't think of a worse way to spend the day. That is, until her big sister Jazmin explains that this wash day will be different. Jelaya is going to wash Jazmin's hair instead! Join Jelaya and Jazmin for a very special wash day.

Did you know?

A good foundation in **early math** prepares children for "math thinking," and for later academic success. Early math includes number sense, classifications and patterning, measurement, mathematical reasoning, and geometry (shapes). While reading *Wash Day*, practice counting how many products, hair ties, beads, etc. you think Jelaya and Jazmin will need to complete their hair style.



Words to Practice



Talk about it!

Styling and cleaning our hair is a very important part of how we present ourselves and our culture/heritage to others. It is also a very important part of how we take care of ourselves. Different cultures have different traditions and ways of engaging in this activity.

- What are your memories of caring for your hair when you were younger? Who helped you care for your hair when you were little?
- Jelaya loves to wear her hair in braids and beads, how do you like to style your hair?
- How were/are the ways you style and care for your hair similar and different from how Jelaya and Jazmin care for and style theirs?

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https://qrco.de/WashDay





Create!

- Scissors
- Crepe paper streamers in different colors

Materials needed:

- Different colored yarn
- Glue/double-sided tape
- Printable head template
- Assorted stickers (to be used as hair accessories- little stars, gems, rainbows, flowers, trucks, basketballs, etc.)
- 1. Print out the printable head template and gather your materials.
- 2. Create your hair using crepe paper or yarn! What does your hair look like? Is it long, short? Straight or curly? Do you wish your hair was pink or green? Talk about how long you think it should be and how many strips and/or strands of yarn you think you'll need. Then, cut out some crepe paper or yarn.
- 3. How would you like to style your hair? Arrange the paper or yarn to create braids, bangs, buns, etc., and use the glue or tape to secure it to the printed head template.
- 4. Use the stickers to make your hairstyle even more special! Do you think long hair needs more or less hair accessories? How many hair accessories do you think your hair will need? Do these stickers look similar or different from the hair accessories you use in your hair?
- 5. Talk about what makes your hair and style special and unique!

Play:

Sing along to this song while adding motions to imitate how you do all of your hair care routines! Repeat and get silly!

This is the Way...

This is the way we wash our hair Wash our hair, wash our hair This is the way we wash our hair Early in the morning Wash, wash, wash, wash Wash, wash, wash

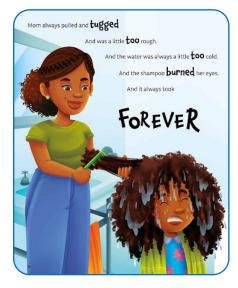
Now try substituting the word **wash** for ""dry, brush, braid, curl." Can you think of other ways you style or care for your hair?



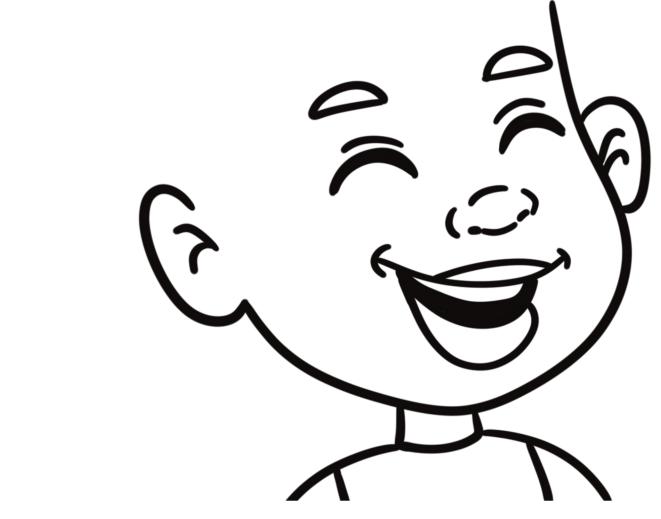








Draw a new hairstyle for Jelaya .



Wash Day Activity Sheets ©Tiffany Golden Illustrations©Lhaiza Morena

Draw yourself with your favorite hairdo!

