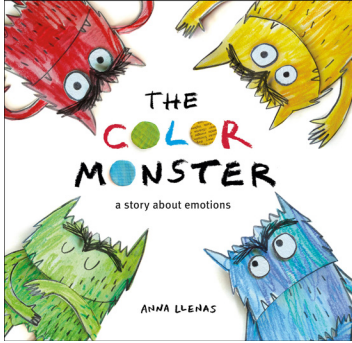


Storytime Activity Guide

The Color Monster

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When the Color Monster wakes up, all of his emotions, represented by different colors, (angry, happy, calm, sad, and scared) are all over the place! With his friend's help, he learns to sort all of his emotions. Join the Color Monster in identifying and sorting his emotions. Note what activities he associates with each of his emotions.

Did you know?

Getting along with others, recognizing feelings, and expressing them appropriately is all part of **social-emotional understanding**. Help your child practice by looking at the characters' faces in *The Color Monster* and talk about how what the character says or does helps us know how they feel.

Talk about it!

- What do you do when you feel happy, sad, angry?
- And other people? What do certain people in your family do when you feel different emotions?
- Can you think of other emotions? What color do you think they would be?

Play: "I see, I see..." Game

The Color Monster not only has to be able to identify his emotions, but also has to be able to recognize different colors. Play a fun "I see, I see" game and try to find things in different colors in your home. For example, "I see, I see something green in the yard." "Yes, the leaves of the tree!" Once you identify the target item, share how that item makes you feel. Does it match the color and emotion from the book?

Find More Online

Scan this QR code to find book recommendations, online activity guides, and other fun resources.



qrco.de/learnathome

Scan this QR code with your phone's camera to see our Read Aloud of this book!



qrco.de/ColorMonster

Create!

Gather some materials and get creative by making your own monster masks! You may start by choosing an emotion from the story or coming up with your own, and then use your materials to portray that emotion.

Materials needed:

- Paper plate
- Pipe cleaners
- Tissue paper
- Googly eyes
- Cotton balls
- Button
- Glue
- Yarn
- Straws or popsicle sticks
- Markers or crayons

1. Choose an emotion for the monster mask you and your child will create. For example: "happy" and "sad."



2. Use the arts and crafts materials available to portray the emotion on a paper plate. For example, you might use the colorful pipe cleaners to form a smile or a frown or use felt stickers to cut out little tears.



3. Tape a popsicle stick, chopstick, or straw to the back of the mask to make a handle.



4. Once the mask is complete, have a conversation with your child about why their monster is "happy" or "sad."

