

# Storytime Activity Guide

## Kitten's First Full Moon

by Kevin Henkes

It is Kitten's first full moon, and when she sees it, she thinks it is a bowl of milk in the sky. She wants it. Does she get it? Follow Kitten on her adventure to reach the moon!

### Did you know?

Getting along with others, recognizing feelings, and expressing them appropriately is all part of Social-Emotional Understanding. Help your child practice by looking at the character's faces in *Kitten's First Full Moon*. Talk about how what the character says or does helps us know how they feel.

### Talk about it!

- How would you feel if you bumped your nose and banged your ear and pinched your tail? What helps you feel better when you get hurt?
- Did you see Kitten's facial expressions? What do you think she was feeling when she climbed to the top of the tree and opened her eyes big?
- Did you think this story had a happy ending? How do you think Kitten felt after she drank all her milk and snuggled up to sleep?

### Play!

Kitten's emotions can be seen clearly on her face. Knowing the names of our emotions is the first step in social emotional development. How many emotions can your child name?

You can help teach your child the names of our emotions by playing a fun game where you model an emotion with your facial expressions, and then see if your child can guess the feeling. Take turns so your child can practice communicating their emotions with their expressions.

### Find More Online

Scan this QR code to find book recommendations, online activity guides, and other fun resources.



[qrcode/learnathome](http://qrcode/learnathome)

Scan this QR code with your phone's camera to see our Read Aloud of this book!



[qrcode/KittensMoon](http://qrcode/KittensMoon)

## Create: Moon Calendar

**Make a moon diary with your child!**

**Materials needed:**

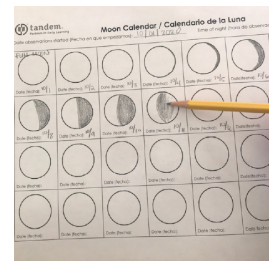
- Copy of “Moon Calendar”
- Pencil, crayons, markers, or colored pencils

Observe the moon together every evening and talk with your child about how it changes. Is it getting bigger (waxing) or smaller (waning)?

Talk about the moon that you see in the sky and teach your child the name of its shapes. For simplicity you can tell your child there is a full moon and a new moon every month. And that there are also days of quarter moons (half circle), crescent moons, and gibbous moons (almost full).



Use this calendar to keep track of the moon’s changes. Shade the moon every night according to what it looks like.



If you draw the moon every night for a month, you’ll be able to see all of its phases as it waxes (gets fuller) and wanes (gets thinner).

